**PSHE/RSE: Topic overview** 

## Why is our PSHE/RSE curriculum organised in this way?

We carefully plan to ensure we cover a range of PSHE/ RSE topics which are relevant to the children of our school to ensure they are happy, healthy and safe in the wider world. We have mapped out the knowledge and skills we want our children to know in every year group.

In Early years, PSHE/RSE is developed through:

The most relevant statements for PSHE are taken from the following areas of learning:

- Communication and Language
- Physical Development
- Understanding the World
- Personal, Social and Emotional Development

Building Relationships

**PSHE/RSE: Topic overview** 

- Managing Self
- Self-Regulation

In PSHE/RSE, our curriculum focuses on core themes:

- Living in the Wider World
- Health and Wellbeing
- Relationships

Our PSHE/ RSE Curriculum is further broken in themes running through KS1 and KS2:

- Rights, Responsibilities and Respect
- Keeping Myself Safe
- Valuing Difference
- Being My Best
- Society and Equality
- Me and My Relationships

Each topic is taught ensuring that the skills and knowledge needed in each year group is developed. For example in our year 1/2 class, children in year 1 will focus on year 1 knowledge and skills, whilst children in year 2 work on year 2 skills and knowledge.

Early Years begin the year by focusing on building relationships so they can develop the skills and knowledge needed to make bonds and relationships as well as begin to develop the social skills they need to work actively with others in the Early Years setting helping them play and. They will then move onto develop their skills and knowledge within managing self where they will build further on these skills and learn to work with others in a group listening and interacting as well as sharing their own ideas. The children come towards the end of the year focusing on transition where they begin to set goals and show understanding of their own behaviour as they become more responsible for themselves and develop towards being independent thinkers and learners.

Core Themes and Topics for KS1 and KS2 children have been carefully ordered so children build each term on specific skills and knowledge from the previous term and so each area is taught at a set point in the year if it is more beneficial to be taught at that point. For example: Relationships core theme is taught for all KS1 and KS2 classes at the beginning of the year (except Y5/6 class) as this is the point when children will be forming new relationships within their classes for the rest of the year. The Y5/6 class focus on Living in the Wider World as the unit at this point focuses on rights and responsibilities. Children focus on how parliaments are formed and developed, and Parliament Week falls within November. Another example of careful ordering is that RSE units involving development and growth are taught towards the end of the year when children are at more mature age whereas Y6 RSE is split into puberty at the beginning of the year as some children may have started puberty or be close to starting.

## Our intent

We develop, 'Be ready, Be respectful and Be safe' through our Art curriculum.

We ensure children:

Have opportunities to	Demonstrate	Learn to
- Be Ambitious - Be Independent - Be Resilient	- Respectful behaviours - Respect rights - Respect the environment	<ul> <li>Keep themselves safe</li> <li>Be safe in the school and community</li> <li>Be safe online</li> </ul>

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