



Primary School Menus

Weekly Menu 3

18th September, 16th October, 20th November & 18th December, 2023

Dish	Day 1	Day 2	Day 3	Day 4	Day 5
Traditional Fayre	Baked Cumberland Sausages Oven Roasted Potatoes Sweetcorn Diced Carrots Quorn Sausages (V)	Lasagne Homemade Garlic Bread Mixed Vegetables Quorn Lasagne (V)	Chicken Curry served with Rice Garden Peas Cauliflower	Roast Gammon with Pineapple Oven Roasted Potatoes Broccoli Diced Carrots	Harry Ramsden's Fish Fillet Chips Baked Beans Garden Peas
	Salmon & Sweet Potato Fishcake Oven Roasted Potatoes Sweetcorn Diced Carrots	Jacket Potato filled with Tuna, Cheese (V) or Baked Beans (V)	Homemade Pizza (V) Baked Potato Wedges Spaghetti Hoops	Cheese Omelette (V) Oven Roasted Potatoes Broccoli Diced Carrots	Baked Cheese & Onion Roll (V) Oven Baked Chips Baked Beans Garden Peas
Cold Selection	Variety of Sandwiches Cheese (V), Tuna & Egg (V) Homemade Quiche	Variety of Sandwiches Cheese (V), Tuna & Egg (V) Homemade Quiche	Variety of Sandwiches Cheese (V), Tuna & Egg (V) Homemade Quiche	Variety of Sandwiches Cheese (V), Tuna & Egg (V) Homemade Quiche	Variety of Sandwiches Cheese (V), Tuna & Egg (V) Homemade Quiche
Desserts	Jam Sponge with Custard Sauce Cold Bar Fresh Fruit Bowl	Ginger Sponge with Custard Sauce Cold Bar Fresh Fruit Salad	Fruit Day	Syrup Roly Poly with Custard Sauce Cold Bar Fresh Fruit Salad	Fruit Day